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**Region VII Workshop Schedule**  
**2019 Midwest Safety and Health Conference & Expo**  
 May 20-22, 2019  
 Hyatt Regency  
 Wichita, Kansas

Course number	Date	Timeslot	Room	Workshop Presentations	Presenter(s)	Workshop Description
<b><u>M-01</u></b>	Monday, May 20th	8:00 AM – 4:00 PM	Walnut Room	<b>VPP Education Series-Registration required:</b>  VPP Application Workshop	OSHA VPP Region VII Program Manager <ul style="list-style-type: none"> <li>• Matt Gaines</li> </ul> Region VII VPPPA BOD Members <ul style="list-style-type: none"> <li>• Terry Bass</li> <li>• Bill Turner</li> </ul>	The VPP Application Workshop® provides hands on experience in VPP application development. You will be guided through the VPP application process. Hear from industry leaders at VPP worksites on what it takes to develop a complete and successful application. You will learn step-by-step how to put together the major components of an application and how to properly write an application by reviewing samples from applications submitted by VPP Star worksites.
<b><u>M-02</u></b>	Monday, May 20th	8:00 AM – 3:00 PM	Maple Room	<b>VPP Education Series-Registration required:</b>  Strengthening Star Quality Workshop	Region VII VPPPA BOD Members <ul style="list-style-type: none"> <li>• Kathy French</li> <li>• Eric Befort</li> <li>• Brent Nelson</li> <li>• Maureen Kamphaus</li> </ul>	Once your site has achieved VPP Star status, where do you go from there? This workshop focuses on “continuous improvement,” providing information on what OSHA is looking for in the VPP re-approval, how other VPP worksites are maintaining the level of commitment, how to make the most of your annual evaluation and what evaluation criteria are used to measure management leadership and commitment.
<b><u>M-03</u></b>	Monday, May 20th	8:00 AM – 12:00 PM	Cedar Room	<b>FREE for All Attendees:</b>  CPR/AED/First Aid Refresher Training Certification	David Zumach Training & Compliance Instructor Cintas Corporation 1400 SE Gateway Drive STE 109 Grimes, Iowa 50111	The refresher course will review critical skills needed to respond to and manage a medical emergency until emergency medical services arrives. Skills covered in this course include basic first aid, CPR instruction, choking relief in adults, children, and infants along with AED use and what to do for sudden cardiac arrest situations. The course is free to registered attendees.
<b><u>WS-A1</u></b>	Tuesday, May 21st	1:00 PM – 2:00 PM	Redbud A Room	Do we Really Need Equipment and Machine Guarding?	Larry Engle President Guard-Safe Guarding P.O. Box 275 Sibley, IA 51249 larry@guardsafeguarding.com 702-497-5064	This presentation will show “the Ugly, the Bad and the Good” for equipment and machine guarding. The five W’s will be presented: WHO – says we need it? WHAT is it all about? WHEN do I have to do it? WHY do I need it? WHERE do I need it? This is a simple straight forward presentation on the Do’s and Don’ts for safeguarding practices to protect your employees from possible injuries from exposed hazards, while allowing your OSHA citations to go to someone else.



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<b><u>WS-A2</u></b>	Tuesday, May 21st	1:00 PM – 2:00 PM	Birch Room	Using the PSM Standard for Safety Management in General Industry	Joshua King Corporate Safety and Health Manager Omaha Steaks International, Inc. 9203 F Street Omaha, NE 68127 JoshK@OmahaSteaks.com (402) 593-4257	How and why the tenants of OSHA's PSM Standard (CFR 1910.119) and the EPA's RMP Standard (40 CFR 68) should be applied as a process management system in General Industry; specifically in facilities not using a Highly Hazardous Chemical (HHC). We will explore the benefits offered by keeping it simple in process management by using a standard that was designed for HHCs to achieve world class safety results.
<b><u>WS-A3</u></b>	Tuesday, May 21st	1:00 PM – 2:00 PM	Osage Room	Interface Issues in PHAs - BowTie	Mike Munsil Project Manager <a href="mailto:mmunsil@psrg.com">mmunsil@psrg.com</a> Aaron Green Project Manager <a href="mailto:agreen@psrg.com">agreen@psrg.com</a> Robert J. Weber, P.E. President, CEO PSRG, INC. 800 West Sam Houston Parkway South Suite 107 Houston, Texas 77042 713-201-0982	Some companies over-rely on the HAZOP method of identifying process risks, and in the process miss potential high consequence scenarios because the HAZOP method is blind to that type of scenario or there is insufficient information for HAZOP. We call this an "interface issue". The Bowtie method, as an activity based method, has its own problems but can identify interface issues. This presentation identifies three types of interface issue, presents the problem with HAZOP for each, and then presents the use of Bowtie method to address the interface issue. The presentation will include a quick introduction to the Bowtie method which will use real-world examples for each and will be suitable for intermediate level staff.
<b><u>WS-A4</u></b>	Tuesday, May 21st	1:00 PM – 2:00 PM	Oak Room	Workplace Violence	Marilyn C. Alston Safety Compliance Officer U.S. Department of Labor/OSHA 122 Spruce Street St Louis, MO 63103 Alston.marilyn@dol.gov 314-425-4261 ext. 232	This workshop will cover workplace violence awareness and prevention. Statistics describing the extent of the problem, types of workplace violence and risk factors that would cause a workplace to be vulnerable to violence will be presented. OSHA's guidelines and recommendations on workplace violence prevention programs will be discussed. There will also be a discussion of anger and conflict management as it relates to the prevention of co-worker violence.
<b><u>WS-A5</u></b>	Tuesday, May 21st	1:00 PM – 2:00 PM	Cedar Room	Substance Abuse in the Workplace: What Employers Need to Know	Sheryl Phelps Business Development Manager CJ Cooper & Associates Drug and Alcohol Testing 1655 Progress Dr Hiawatha, IA 52233 <a href="mailto:Sheryl@cjcooper.com">Sheryl@cjcooper.com</a> 319-377-5373	Drug and alcohol abuse is on the rise in the workplace and it's becoming harder to detect. We will discuss: <ul style="list-style-type: none"> <li>• The Effects of Substance Abuse in the Workplace.</li> <li>• Discuss Pain Killers and Opioid Epidemic.</li> <li>• We will explore marijuana and medical marijuana, its legal landscape and emerging technology.</li> <li>• Explore the laws and learn what types of drug testing is allowed.</li> </ul>



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<b><u>WS-A6</u></b>	Tuesday, May 21st	1:00 PM – 2:00 PM	Maple Room	<b>OSHA VPP Education Series:</b> How To Correctly Prepare The Annual VPP Report	Matt Gaines OSHA VPP Region VII Program Manager	OSHA requires each VPP participant to perform annually a self-evaluation of its safety and health management system. This self-evaluation, reflecting the previous calendar years' experience, must be submitted to the participant's OSHA Regional VPP Manager by February 15 of each year. In recent years it has been determined that the submitted annual VPP Reports tend to have gaps or missing information and steps. This workshop will review what is required in each annual VPP report.
<b><u>WS-A7</u></b>	Tuesday, May 21st	1:00 PM – 2:00 PM	Walnut Room	<b>Health and Wellness Series:</b> T.R.U.S.T.ing The Power of Your Brain	Ryan W. Bouda, C-IQ LEAP Training & Coaching Your Next Level of Greatness info@yourleapteam.com 402-415-4246	Research has proven that conversations are no longer just a way of sharing information. They are the foundation for building trust, creating relationships and improving culture. More importantly, they trigger changes in our neurochemistry that uncover the true power of our brain. In this session, we will discuss the negative influence of the Brain's Fear Center, the power of our Executive Brain, and the Best Practice for shifting to a place of Trust. It is time to begin connecting, engaging, navigating, and growing with others!
<b><u>WS-B1</u></b>	Tuesday, May 21st	2:30 PM – 3:30PM	Redbud BC Room	<b>"Cookies and Caffeine" Large Group Session</b>  Fire Investigations – Basic Origin and Cause	Captain Kelly Zane City of Wichita Fire Department	Investigating a fire incident has many elements. This general session will review elements of a thorough fire investigation process including: <ul style="list-style-type: none"> <li>• Why fires need a full investigation</li> <li>• Describe methodology used</li> <li>• Overview of fire patterns for fire origin identification</li> <li>• Ignition sequence theory for cause determination</li> <li>• Demonstrate O&amp;C via scene review</li> </ul>
<b><u>WS-C1</u></b>	Tuesday, May 21st	3:40 PM – 4:40 PM	Redbud A Room	Static Electricity, It's a real threat!	Larry Raddatz Mid West Regional Manager Newson Gale	Recognizing the hazard of static electricity in the movement and handling of <input type="checkbox"/> Flammable liquids and combustible dust. From the loading and unloading of trucks, railcars, vac truck



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					4925 Sycamore Lane Oak Forest, IL 60452 Larry.raddatz@hoerbiger.com 312 560 9450	operations, totes, drums and FIBC bags, static electricity can cause accidents if not managed properly. Review of applications and solutions to mitigate and address the hazard including systems to implement process control which reduces the human error involved in daily.
<b><u>WS-C2</u></b>	Tuesday, May 21st	3:40 PM – 4:40 PM	Birch Room	Hazards Associated with Electricity & The Human Body	Tim Boswell, S.E., CUSA, MICT Field Safety Coordinator Westar Energy Inc. 4001 NW 14 <sup>th</sup> St. Topeka, Kansas 66618 tim.boswell@westarenergy.com 785.575.1360	Contact with overhead & underground power lines are never planned, but the results can be devastating. Vivid examples of the hazards associated with working around high voltage powerlines will be illustrated & discussed. The first step to preventing these accidents is recognizing the hazards & understanding how electricity effects the human body. If you or your company operate equipment that extends, rotates, or pivots in the air or underground, this presentation is for you.
<b><u>WS-C3</u></b>	Tuesday, May 21st	3:40 PM – 4:40 PM	Osage Room	The Bad Side of Town	Jack Jackson Senior Safety Consultant SafeStart® 631 College St. E Belleville, Ontario, Canada K8N 5A5 jack@safestart.com 210-415-7756	Have you ever noticed how being on the <i>bad side of town</i> heightens your awareness level? Whether you've had a bad experience, or by reputation alone, there's an overwhelming urge for self-preservation. Can this awareness level be applied to recognizing your state of mind when a workplace injury occurs? Explore the signs that you are on the <i>bad side of town</i> at work when it comes to injuries and use the tools provided in this session to manage those states.
<b><u>WS-C4</u></b>	Tuesday, May 21st	3:40 PM – 4:40 PM	Oak Room	Review of the newly updated OSHA Walking Working Surfaces Standard	Joe Brandel Business Development Manager and Trainer Process Marketing Group joeb@pmgmidwest.com 913-940-0300	The final rule for OSHA 1910 Walking Working Standard became effective January 17, 2017. Under the new rule, employers have more flexibility when selecting fall protection systems that are most suitable for their workers. The updated rule reflects the incorporation of new technologies and better industry practices. We will provide a good overview of the changes, along with finding fall protection solutions for your facility and jobsite. We will break out into groups to brainstorm ideas, learn from each other, and determine solutions.
<b><u>WS-C5</u></b>	Tuesday, May 21st	3:40 PM – 4:40 PM	Maple Room	<b>OSHA VPP Education Series:</b> Common Deficiencies found During VPP Evaluations	Matt Gaines OSHA VPP Region VII Program Manager	So, when the OSHA VPP team shows up at your facility for the dreaded audit, what exactly are they looking for? Find out from the one person who has been doing VPP audits for years. You will learn some of the common deficiencies



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						found and how best to prepare for your first VPP audit or your recertification audit.
<b><u>WS-C6</u></b>	Tuesday, May 21st	3:40 PM – 4:40 PM	Walnut Room	<b>Health and Wellness Series:</b> The Myths of Work-Life Balance	Dr. David Bouda, FACP LEAP Training & Coaching Your Next Level of Greatness info@yourleapteam.com 402-415-4246	Do you feel frustrated and dissatisfied with yourself and your life? Do you feel like you don't have enough time to balance your work tasks and your personal obligations? Well, I am excited to tell you that there is a simple yet effective way to create greater satisfaction in your life. Research shows that people tend to be most fulfilled in their life when they are living in accordance with their values and purpose. In this session, you will uncover your values and intentions, transform your idea of time management, and begin living your best life. Your perfect work-life balance is within reach. It is time to begin living a happier, healthier life!
<b><u>WS-E1</u></b>	Wednesday, May 22nd	8:00 AM – 9:00 AM	Redbud A Room	Kansas Active Shooter Mitigation	Trooper Chad Crittenden is the Public Resource Officer / Public Information Officer for the Troop F and covers the south central 13 counties in Kansas. Trooper Crittenden has been with the Patrol for 17 years and in the safety education division for 4 years.	The Kansas Highway patrol has developed a Kansas-based active shooter training initiative titled Kansas Active Shooter Mitigation (KASM). This training initiative was developed to provide critical information in a timely manner to educators and administrators on what to expect in the event of an active shooter, as well as potential options and considerations to mitigate that threat. This training program will be taught by designated KHP personnel. Additionally, this training course is modular and will be adaptable to address active shooter awareness and mitigation in the workplace and in the public.
<b><u>WS-E2</u></b>	Wednesday, May 22nd	8:00 AM – 9:00 AM	Birch Room	What's the Difference Between a Safe Driver and a Defensive Driver? Crash Avoid ability - Can it be Done?	Randy Clayton Safety & Health Consultant Axcet HR Solutions 8325 Lenexa Dr. Lenexa, KS 66214 rclayton@axcethr.com 913-754-5387	When it comes to driving, being <b>safe</b> and being <b>defensive</b> are not the same. In this presentation you will discover the "Ten Key Indicators" of a Defensive Driver. At the end of this session you will be able to determine if you are a defensive driver, and if not, what you can work on to become one.
<b><u>WS-E3</u></b>	Wednesday, May 22nd	8:00 AM – 9:00 AM	Osage Room	Ten Feet Tall and Bullet Proof	Jack Jackson Senior Safety Consultant SafeStart@ 631 College St. E	It is very common for people to believe that bad things only happen to other people. Do the terms "that can't happen to me" or "I've been doing this job for 30 years and I've never been hurt" sound familiar? Explore why adults think they are "safe enough" and learn new ideas on how to advance your



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<b><u>WS-E4</u></b>	Wednesday, May 22nd	8:00 AM – 9:00 AM	Oak Room	Achieving Zero Injuries	Donald Theune Principal DONNIC CONSULTING GROUP, LLC PO Box 700 St. Michaels, MD 21663 donaldtheune@comcast.net 610-212-7474	Your culture determines your performance when it comes to production, quality and safety. There are two key factors that need to be addressed to achieve zero injuries. Current training approaches that are ineffective will be discussed. Key strategies for success will be presented. A mini-training will give participants an experience of how to change unsafe attitudes and behaviors.
<b><u>WS-E5</u></b>	Wednesday, May 22nd	8:00 AM – 9:00 AM	Cedar Room	Compliance Calendars – Tips and Tricks for the “To-Do” List Lover	Gabriella Schmitt, ASP EHS Consultant gschmitt@ehscompliance.com Kassey Braun, ASP Senior EHS Consultant kbraun@ehscompliance.com Emily Hornung, CSP EHS Consultant ehornung@ehscompliance.com Hellman & Associates 11913 W. I-70 Frontage Rd. N Wheat Ridge, CO 80033	Managing EHS compliance, including employee training, equipment inspections, environmental programs, VPP best practices, and much more can be overwhelming. As a safety manager, consultant, or VPP company, coordinating the tasks that need to be completed can be challenging, and missing a deadline could leave your organization exposed to compliance or VPP risk. An interactive compliance calendar aids in time management, helps delegate tasks to employees, and ensures day-to-day action items are completed. Join Hellman & Associates, as we share the techniques and best practices we have developed to keep our employees accountable, organized, and proactive, ensuring compliance for our company and our clients.
<b><u>WS-E6</u></b>	Wednesday, May 22nd	8:00 AM – 9:00 AM	Maple Room	<b>OSHA VPP Education Series:</b> SGE Forum/Caucus Meeting (Target: Present and Interested SGE Candidates)	Matt Gaines OSHA VPP Region VII Program Manager	Learn what it takes to become a VPP Special Government Employee (SGE) and participate on OSHA VPP onsite evaluations. SGE qualifications, application, and training requirements and responsibilities will be reviewed. An OSHA VPP manager and experienced SGE's will share the benefits of this unique program.
<b><u>WS-E7</u></b>	Wednesday, May 22nd	8:00 AM – 9:00 AM	Walnut Room	<b>Health and Wellness Series:</b> Leading a Multi-Generational Workforce	Dr. David Bouda, FACP LEAP Training & Coaching Your Next Level of Greatness info@yourleapteam.com 402-415-4246	Leading A Multi-Generational Workforce is focused on educating, motivating and training your audience on the communication challenges that exist between generations but, more importantly, the tools and skills needed to successfully navigate these interactions. Once we understand and break down the different communication, motivation and leadership styles of the generations, we are able to open up a whole new understanding of our engagements. Your audience will walk away from this



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						presentation with a research-proven three-step process to maximizing communication with each generation that they can implement today.
<b><u>WS-F1</u></b>	Wednesday, May 22nd	9:45 AM – 10:45 AM	Redbud A Room	Human Trafficking	Trooper Chad Crittenden is the Public Resource Officer / Public Information Officer for the Troop F and covers the south central 13 counties in Kansas. Trooper Crittenden has been with the Patrol for 17 years and in the safety education division for 4 years.	Everyone has a role to play in combating human trafficking. Human trafficking is a hidden crime, and the first step to combating it is to identify victims, so they can be rescued and help bring their perpetrators to justice. By identifying victims and reporting tips, you are doing your part to help law enforcement rescue victims, and you might save a life. Law enforcement can connect victims to services such as medical and mental health care, shelter, job training, and legal assistance that restore their freedom and dignity. The presence or absence of any of the indicators is not necessarily proof of human trafficking. It is up to law enforcement to investigate suspected cases of human trafficking.
<b><u>WS-F2</u></b>	Wednesday, May 22nd	9:45 AM – 10:45 AM	Birch Room	GHS/HazCom: The Game – Can You Pass the Compliance Test?	Phil Molé EHS Content Expert VelocityEHS 222 W Merchandise Mart Plaza, Suite 1750 Chicago, IL, 60654 eamdahl@ehs.com 312-881-2356	We're past the GHS deadlines and HazCom continues to rank as OSHA's 2 <sup>nd</sup> most frequently cited standard—a position it has held since the Agency's adoption of the United Nations' GHS Revision 3 in 2012. Common reasons for employer noncompliance range from deficiencies with employers' Written Plans, to faulty SDS management processes, to ineffective container labeling. And while EHS professionals are still trying to catch their breath from the initial GHS adoption in 2012, they should brace themselves for more changes ahead, since OSHA has expressed intent to align with GHS Revision. 7. This proposed update aims to bring HazCom into greater alignment with more current global hazard communication best practices. Should OSHA proceed down this path, it will be paramount that employers understand what's currently required to comply, so that they can prepare for the impact the future changes may have on their HazCom Program.
<b><u>WS-F3</u></b>	Wednesday, May 22nd	9:45 AM – 10:45 AM	Osage Room	The 5S Approach to Housekeeping Excellence	Jimmy Mensio Reverse Osmosis Technician/ Housekeeping Committee Chairman	5S (Sort- Shine- Systemize- Set in Order- Standardize) is intended to improve productivity while maintaining a safe work environment. Disorder is neither productive, nor safe. 5S is a simple and practical method to instill a quality culture



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					jimmy.mensio@suez.com 636-233-2319 Steven Schuetz Maintenance Technician/ Welder Steven.schuertz@suez.com 314-308-6626 Craig Smith EHS Manager craig.smith@suez.com 314-486-5027 SUEZ WTS Services 2 Arrowhead Industrial Blvd St. Peters, MO 63376	at the work place. It is relatively easy to undertake and requires minimal additional resources. Learn how to drive employee engagement and morale through Housekeeping improvement activities at your site. Our speakers will utilize a PowerPoint Presentation and a "discussion format" that will feature detailed info on the following Bullets <ul style="list-style-type: none"> <li>• History of 5S</li> <li>• Elements of 5S: Sort, Shine, Systemize, Set in Order, Standardize</li> <li>• How our site implemented the program:             <ul style="list-style-type: none"> <li>○ Employee engagement</li> <li>○ Red Tag Zone Review</li> <li>○ Organized workbenches for frequently used tools</li> <li>○ Shadow boards</li> <li>○ Cleaning stations</li> <li>○ "Super market of parts"</li> </ul> </li> <li>• 5S resources and how/where to obtain them: Shadow boards, foam tool box inserts, floor markings, etc.</li> <li>• Q&amp;A will be allowed throughout and at the conclusion of the slide deck.</li> </ul>
<b><u>WS-F4</u></b>	Wednesday, May 22nd	9:45 AM – 10:45 AM	Oak Room	Substance Abuse in the Workplace: What Employers Need to Know	Sheryl Phelps Business Development Manager CJ Cooper & Associates Drug and Alcohol Testing 1655 Progress Dr Hiawatha, IA 52233 <a href="mailto:Sheryl@cjcooper.com">Sheryl@cjcooper.com</a> 319-377-5373	Drug and alcohol abuse is on the rise in the workplace and it's becoming harder to detect. We will discuss: <ul style="list-style-type: none"> <li>• The Effects of Substance Abuse in the Workplace.</li> <li>• Discuss Pain Killers and Opioid Epidemic.</li> <li>• We will explore marijuana and medical marijuana, its legal landscape and emerging technology.</li> <li>• Explore the laws and learn what types of drug testing is allowed.</li> <li>• Understand drug testing options and procedures.</li> <li>• As a company, what are the best practices you can do to minimize substance abuse.</li> </ul>
<b><u>WS-F5</u></b>	Wednesday, May 22nd	9:45 AM – 10:45 AM	Cedar Room	Industrial Hygiene and VPP	Gabriella Schmitt, ASP EHS Consultant gschmitt@ehscompliance.com Kassey Braun, ASP	VPP management systems improve safety and health at industrial and manufacturing facilities. Organizations should consider both the safety and industrial hygiene aspects of all processes, jobs and tasks as part of their management





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<b><u>WS-F6</u></b>	Wednesday, May 22nd	9:45 AM – 10:45 AM	Maple Room	Calm After The Storm: Tornado Devastation - Real Life Story of Survival, Recovery and Reflection	Matt Gaines OSHA VPP Region VII Program Manager	As Matt Gaines stood at the front door of his home in Smithville, Missouri on an early March, 2017 evening, he heard a roar like a train and knew he needed to get downstairs. In a basement room connected to his garage, all took cover. Debris fell from the floor joists and debris flew uncontrollably as the EF2 tornado ripped through Gaines' home and the Smithville community. But when the worst was over, Matt knew their house was gone: He could look up and see the sky. This open discussion will go over the day's events, how a 3 foot by 2 foot space saved their lives, life and preparation lessons learned along with how a community and endless strangers, friends and family helped pick up their entire life one piece at a time.
<b><u>WS-F7</u></b>	Wednesday, May 22nd	9:45 AM – 10:45 AM	Walnut Room	<b>Health and Wellness Series:</b> Dealing With Difficult People	Ryan W. Bouda, C-IQ LEAP Training & Coaching Your Next Level of Greatness info@yourleapteam.com 402-415-4246	Many of us have heard of "Crucial Conversations", but it is time to take it to the next level by learning how to transform uncomfortable conversations into opportunities for growth and relationship building. Learn how to explore another's thoughts, meanings, and experiences, even with the most difficult of people. In this session, we will discuss how to set the context for caring, courage and candor, explore desired outcomes, share each other's perspectives, discover what's important to both of you, and contract for success. It is time to transform uncomfortable conversations into opportunities for growth!
<b><u>WS-D1</u></b>	Wednesday, May 22nd	11:00 AM – 12:00 PM	Redbud BC Room	<b>Large Group Session</b> Are You Fire Safe?	Captain Jose Ocadiz City of Wichita Fire Department	This large group presentation will inform you on fire hazards located at home and work along with statistics on the dangers of fire to better prepare you and your family in a fire emergency.