



**Region VII Workshop Schedule**  
**2020 Midwest Safety and Health Conference & Expo**  
 April 27-29, 2020  
 Downtown Marriott – Des Moines  
 Des Moines, Iowa

Course number	Date	Timeslot	Room	Workshop Presentations	Presenter(s)	Workshop Description
<b>S-01</b>	Sunday, April 26th	1:00 PM – 5:00 PM	Dubuque (3 <sup>rd</sup> Floor)	OSHA 10 Hour Certification (Day 1 of 2)  <b>Registration requested during Conference registration:</b>	Region VII VPPPA BOD <ul style="list-style-type: none"> <li>Kathy French</li> <li>Meghan Moberly</li> </ul>	The 10-hour OSHA Outreach course provides basic awareness training on the recognition, avoidance, abatement, and prevention of workplace hazards. The OSHA 10 course equates to 1 Continuing Education Unit (CEU) and targets entry level workers. This training course will be divided into two day sessions.
<b>M-01</b>	Monday, April 27th	8:00 AM – 3:00 PM	Dubuque (3 <sup>rd</sup> Floor)	OSHA 10 Hour Certification (Day 2 of 2)  <b>Registration requested during Conference registration:</b>	Region VII VPPPA BOD <ul style="list-style-type: none"> <li>Kathy French</li> <li>Meghan Moberly</li> </ul>	The 10-hour OSHA Outreach course provides basic awareness training on the recognition, avoidance, abatement, and prevention of workplace hazards. The OSHA 10 course equates to 1 Continuing Education Unit (CEU) and targets entry level workers. This training course will be divided into two day sessions.
<b>M-02</b>	Monday, April 27th	8:00 AM – 4:00 PM	Davenport (3 <sup>rd</sup> Floor)	<b>VPP Education Series-Registration required:</b>  VPP Application Workshop	OSHA VPP Region VII Program Manager <ul style="list-style-type: none"> <li>Matt Gaines</li> </ul> Region VII VPPPA BOD Members <ul style="list-style-type: none"> <li>Terry Bass</li> <li>Bill Turner</li> </ul>	The VPP Application Workshop® provides hands on experience in VPP application development. You will be guided through the VPP application process. Hear from industry leaders at VPP worksites on what it takes to develop a complete and successful application. You will learn step-by-step how to put together the major components of an application and how to properly write an application by reviewing samples from applications submitted by VPP Star worksites.
<b>M-03</b>	Monday, April 27th	8:00 AM – 3:00 PM	Council Bluffs (3 <sup>rd</sup> Floor)	<b>VPP Education Series-Registration required:</b>  Strengthening Star Quality Workshop	Region VII VPPPA BOD Members <ul style="list-style-type: none"> <li>Eric Befort</li> <li>Nathan Gentges</li> </ul>	Once your site has achieved VPP Star status, where do you go from there? This workshop focuses on “continuous improvement,” providing information on what OSHA is looking for in the VPP re-approval, how other VPP worksites are maintaining the level of commitment, how to make the most of your annual evaluation and what evaluation criteria are used to measure management leadership and commitment.
<b>M-04</b>	Monday, April 27th	12:00 pm – 4:00 PM	Cedar Rapids (3 <sup>rd</sup> Floor)	<b>FREE for All Attendees:</b>  CPR/AED/First Aid Refresher Training Certification	Tina Murphy Training & Compliance Instructor Cintas Corporation 1400 SE Gateway Drive STE 109 Grimes, Iowa 50111	The refresher course will review critical skills needed to respond to and manage a medical emergency until emergency medical services arrives. Skills covered in this course include basic first aid, CPR instruction, choking relief in adults, children, and infants along with AED use and what to do for sudden cardiac arrest situations. The course is free to registered attendees.



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<b><u>WS-A1</u></b>	Tuesday, April 28th	1:00 PM – 2:00 PM	<b>Dubuque (3<sup>rd</sup> Floor)</b>	Recreational & Medical Marijuana in the Workplace: What Employers Need to Know	Sheryl Phelps Business Development Manager CJ Cooper & Associates Drug and Alcohol Testing 1655 Progress Dr Hiawatha, IA 52233 E-Mail: <a href="mailto:Sheryl@cjcooper.com">Sheryl@cjcooper.com</a> Phone: 319-377-5373	State laws for Recreational and Medical Marijuana are causing challenges for employers. We will discuss: <ul style="list-style-type: none"> <li>• State recreational and medical marijuana, how it effects employers, its legal landscape and emerging technology</li> <li>• Updates to consider regarding your policy including medical and recreational marijuana sections</li> <li>• Review common questions employers may have regarding recreational and medical marijuana in the workplace</li> <li>• Drug Free Workplace Components per Iowa Code 730.5</li> <li>• Options for drug testing to combat cannabis positive drug tests</li> </ul>
<b><u>WS-A2</u></b>	Tuesday, April 28th	1:00 PM – 2:00 PM	<b>Davenport (3<sup>rd</sup> Floor)</b>	How Wearable Technology Is Improving Worker Safety Today!	Tom West Director Strategic Relations MakuSafe 1201 Maple St West Des Moines, IA 50265 E-Mail: <a href="mailto:tom@makusafe.com">tom@makusafe.com</a> Phone: 515-490-6202	As the world around us becomes more and more connected and data-driven, companies have the potential to harness valuable information to benefit their businesses and workers. This session will discuss how wearable safety technology, machine learning, AI and cloud computing are helping safety leaders gain valuable insight into understanding workplace risks, keeping workers safe, and mitigating hazards before incidents and claims occur. Case studies from deployments of wearables in a variety of industrial environments will be examined and examples provided of how the data gathered from wearables has led to; work changes and process improvements, environmental hazards detected, uncovering harmful human motion, and positively impacting safety culture while respecting employee privacy.  Key Takeaways. 1. How wearable technology provides a unique means of gathering relevant EHS data while respecting employee privacy. 2. How machine learning & AI are being used to identify high-risk safety trends. 3. How analytics intelligence can be provided to safety leaders in an easy-to-understand format with actionable advice before incidents happen. 4. How T.R.U.E. Leading Indicators to Hazards & Risk help



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						companies reduce risks and workers' compensation claims. 5. Case studies with findings and insights around; process improvements, environmental hazards detected, uncovering harmful human motion, and positively impacting safety culture.
<b><u>WS-A3</u></b>	Tuesday, April 28th	1:00 PM – 2:00 PM	<b>Council Bluffs (3<sup>rd</sup> Floor)</b>	'AIR' ON THE SIDE OF CAUTION - Staying Safe with OSHA-Compliant Safety Air Guns and Hazardous Location Pneumatic Vacuums	Jordan Kozub Business Development Representative Guardair Corporation 47 Veterans Drive Chicopee, MA 01022 E-Mail: jkozub@guardaircorp.com Phone: 413-222-1769	Safety air guns and pneumatic vacuums are the fastest, safest and most efficient tool for industrial cleaning with compressed air. However, like any piece of industrial equipment, modifying or misusing this equipment can increase the risk of injuries and OSHA violations. This workshop will go over the optimal way to protect workers and meet OSHA standards for output pressure, chip-guarding, noise, and intrinsically safe practices while using pneumatic tools.
<b><u>WS-A4</u></b>	Tuesday, April 28th	1:00 PM – 2:00 PM	<b>Cedar Rapids (3<sup>rd</sup> Floor)</b>	Electrical Safety "What you do not know about electricity can be shocking"	Dennis Burks Safety Director, CSP, PE HNTB 715 Kirk Drive Kansas City, MO 64105 E-Mail: dburks@hntb.com Phone: 816-527-2013	This presentation will provide an overview of the principles of electricity to increase the participants' ability to recognize, correct and avoid electrical hazards in the workplace. Key topics plus demonstrations will covered: <ul style="list-style-type: none"> <li>• Fundamentals of electricity</li> <li>• Factors affecting severity of electrical shock</li> <li>• Methods of protecting people</li> <li>• Ground fault circuit interrupters</li> <li>• Equipment grounding</li> <li>• Die-electric personal protective equipment</li> <li>• Hazards of overhead power lines</li> <li>• Review of OSHA's top five cited electrical violations in general industry and construction</li> </ul>
<b><u>WS-A5</u></b>	Tuesday, April 28th	1:00 PM – 2:00 PM	<b>Salon A (2<sup>nd</sup> Floor)</b>	<b>30 Minute "Two for One" Sessions</b>  1: The Culture of Machine Safeguarding  2: Ergonomics Program Management – enhance your program through the use of maturity model assessment techniques and by involving workers in	Logan Steffans Associate, EH&S Generalist Collins Aerospace 1500 State Street Bellevue, IA 52031 E-Mail: logan.steffans@collins.com Phone: 319-651-5923  Jerry Brown, CSP, CHMM Sr. EHS Engineer Collins Aerospace	<b>30 Minute Session 1</b> In an ever changing work environment it can be difficult to accept change. Working for a company going through a merger brings new forms of safeguarding and with this brings potential resistance from an employee's perspective, operating with updated guards. Changing the conversation where an operator could mention "I've worked on this machine for years and haven't got injured" isn't easy, although changing the culture to understand / educate the employee can empower the individual and help to create a safer workplace.



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				your safety communications	2855 Heartland Drive Coralville, IA E-Mail: jerry.brown1@collins.com Phone:319-800-5982	<b>30 Minute Session 2</b> In this presentation I will be providing an outline of how to use a maturity model assessment tool in order to manage an ergonomics program and drive towards a proactive and resilient program. I will be providing specific examples within the program elements of employee communications, risk assessments and employee participation. I will be discussing key metrics to measure in each of these categories to ensure we are setting our program targets beyond "compliance" and towards "resilience" which leads to a more efficient and healthier workforce. Specifically I will be outlining a technique I have utilized throughout my career in order to involve the worker in crafting safety communications to create a higher sense of learning and training across an organization.
<b>WS-A6</b>	Tuesday, April 28th	1:00 PM – 2:00 PM	<b>Salon B</b> <b>(2<sup>nd</sup> Floor)</b>	<b>OSHA VPP Education Series:</b> How To Correctly Prepare The Annual VPP Report	Matt Gaines OSHA VPP Region VII Program Manager	OSHA requires each VPP participant to perform annually a self-evaluation of its safety and health management system. This self-evaluation, reflecting the previous calendar years' experience, must be submitted to the participant's OSHA Regional VPP Manager by February 15 of each year. In recent years it has been determined that the submitted annual VPP Reports tend to have gaps or missing information and steps. This workshop will review what is required in each annual VPP report.
<b>WS-A7</b>	Tuesday, April 28th	1:00 PM – 2:00 PM	<b>Salon C</b> <b>(2<sup>nd</sup> Floor)</b>	<b>Health and Wellness Series:</b> The Science of Conversations	Ryan W. Bouda, C-IQ LEAP Training & Coaching Your Next Level of Greatness info@yourleapteam.com 402-415-4246	Research has proven that conversations are no longer just a way of sharing information. They are the foundation for building trust, creating relationships and improving culture. More importantly, they trigger changes in our neurochemistry that uncover the true power of our brain. In this session, we will discuss the negative influence of the Brain's Fear Center, the power of our Executive Brain, and the Best Practice for shifting to a place of Trust. It is time to begin connecting, engaging, navigating, and growing with others!
<b>WS-B1</b>	Tuesday, April 28th	2:30 PM – 3:30PM	<b>Iowa Ballroom</b> <b>(2<sup>nd</sup> Floor)</b>	<b>"Cookies and Caffeine" Large Group Session</b>  Active Threat Preparation and Response	Chris Latcham Senior Police Officer Metro Special Tactics and Response Team 103 E. 2 <sup>nd</sup> Street Des Moines, Iowa 50309	The purpose of this presentation is a discussion on active threat preparation. The presentation will focus on individual and organizational considerations for addressing active threats. Topics will include the O.O.D.A. loop, situational awareness, mental preparation for assisting injured persons,



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					E-Mail: <a href="mailto:cglatcham@dmgov.org">cglatcham@dmgov.org</a> Phone: 515-248-6074	options for additional training, and an open forum for questions from conference participants.
<b><u>WS-C1</u></b>	Tuesday, April 28th	3:40 PM – 4:40 PM	Dubuque (3 <sup>rd</sup> Floor)	Substance Abuse in the Workplace: What Employers Need to Know	Sheryl Phelps Business Development Manager CJ Cooper & Associates Drug and Alcohol Testing 1655 Progress Dr Hiawatha, IA 52233 <a href="mailto:Sheryl@cjcooper.com">Sheryl@cjcooper.com</a> 319-377-5373	Drug and alcohol abuse is on the rise in the workplace and it's becoming harder to detect. We will discuss: <ul style="list-style-type: none"> <li>• The Effects of Substance Abuse in the Workplace.</li> <li>• Discuss Pain Killers and Opioid Epidemic.</li> <li>• We will explore marijuana and medical marijuana, its legal landscape and emerging technology.</li> <li>• Explore the laws and learn what types of drug testing is allowed.</li> <li>• Understand drug testing options and procedures.</li> <li>• As a company, what are the best practices you can do to minimize substance abuse.</li> </ul>
<b><u>WS-C2</u></b>	Tuesday, April 28th	3:40 PM – 4:40 PM	Davenport (3 <sup>rd</sup> Floor)	VPP Slump ( <i>What happen to me and VPP?</i> )	Scott Fruge VPP Coordinator NuStar Energy 11016 Hwy 10 Palmetto La. 71353 E-Mail: <a href="mailto:scott.fruge@nustarenergy.com">scott.fruge@nustarenergy.com</a> Phone: 318-229-8456  Bill Turner HSE Supervisor Regional NuStar Energy 7340 W 21 <sup>st</sup> St. N Wichita, KS. 67205 E-Mail: <a href="mailto:bill.turner@nustarenergy.com">bill.turner@nustarenergy.com</a> Phone: 316-200-9100	What happen to me and VPP? Was it me who lost interest? Was it me who got complacent? Or was it that the new management hasn't seen the employee involvement in VPP? Is the commitment from management and employee still alive? There are a variety of reason why companies find themselves in the VPP SLUMP. How is your company? Are they on the fence asking themselves which way to go? Is it too late to stay in the program? Come join us to find out ways to improve your VPP program. Find out ways to keep me and VPP together.
<b><u>WS-C3</u></b>	Tuesday, April 28th	3:40 PM – 4:40 PM	Council Bluffs (3 <sup>rd</sup> Floor)	OSHA 1910.146: Keeping CSE Safe	Mark Heuchert Marketing Manager Draeger Inc. 7256 S Sam Houston Pkwy W Houston, TX 77085 E-Mail: <a href="mailto:mark.heuchert@draeger.com">mark.heuchert@draeger.com</a> Phone: 713-253-9564	Over 2 million workers enter permit confined spaces annually. Confined spaces are found in nearly every operation and present a dangerous challenge to Life Safety, facility Risk Management and productivity. In the USA OSHA is the regulatory agency that ensures compliance, but the real question is are you taking the proper steps to ensure accidents do not happen? The first step is to clearly define the difference between a "confined space" and a "permit required confined space".



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<b>WS-C4</b>	Tuesday, April 28th	3:40 PM – 4:40 PM	Cedar Rapids (3 <sup>rd</sup> Floor)	<b>30 Minute “Two for One” Sessions</b>  1: Creative & Effective Safety Training (Tricks & Techniques)  2: Off-the-Job Safety, A Successful Special Emphasis Project	Dennis Burks Safety Director, CSP, PE HNTB 715 Kirk Drive Kansas City, MO 64105 E-Mail: dburks@hntb.com Phone: 816-527-2013	<b>30 Minute Session 1</b> Creative & Effective Safety Training (Tricks & Techniques): This presentation will share tricks and techniques that will help make a full or part time safety trainer creative and effective in their delivery. All participants will gain new insights and learn a few tricks in safety training that they will be able to use. Participants will have a chance to interact in a sample of safety training exercises. As an extra bonus, participants will learn one of the classics of magic for their training.  <b>30 Minute Session 2</b> Off-the-Job Safety, A Successful Special Emphasis Project: This presentation is based on an article recently published



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						in Professional Safety concerning a successful special emphasis project dealing with off-the-job safety. The values of implementation off-the-job safety projects may not be fully realized. This project dealt with a child's bike helmet being offered free of charge to all employees who ordered one for their child or grandchild who rides a bicycle or skateboard. This project parlayed into further success.
<b>WS-C5</b>	Tuesday, April 28th	3:40 PM – 4:40 PM	Salon A (2 <sup>nd</sup> Floor)	Organizing & Implementing Successful Ergonomics Projects	Mike Kendall Ergonomics Team Captain E-Mail: Michael.kendall@ge.com Phone: 620-442-3600  Eric Befort Ergonomics Team Member GE Engine Services, LLC. 7577 4 <sup>th</sup> Ave Strother Field Ind Park, Winfield, KS 67156 E-Mail: eric.befort@ge.com Phone: 620-442-3600	The GE Engine Services, LLC. Ergonomics Team has had great success with the development and implementation of several solutions to ergonomic problems in an industrial setting. The presenters will discuss the broad experience and expertise of the team members and how each member contributes. They will describe the ways in which they encourage the affected employees to participate in finding solutions that not only improve safety but work for everyone.
<b>WS-C6</b>	Tuesday, April 28th	3:40 PM – 4:40 PM	Salon B (2 <sup>nd</sup> Floor)	<b>OSHA VPP Education Series:</b> Common Deficiencies found During VPP Evaluations	Matt Gaines OSHA VPP Region VII Program Manager	So, when the OSHA VPP team shows up at your facility for the dreaded audit, what exactly are they looking for? Find out from the one person who has been doing VPP audits for years. You will learn some of the common deficiencies found and how best to prepare for your first VPP audit or your recertification audit.
<b>WS-C7</b>	Tuesday, April 28th	3:40 PM – 4:40 PM	Salon C (2 <sup>nd</sup> Floor)	<b>Health and Wellness Series:</b> Leadership is Communication, Communication is Leadership	Dr. David Bouda, FACP LEAP Training & Coaching Your Next Level of Greatness info@yourleapteam.com 402-415-4246	Discover the true nature of leadership. Whether you are in a formal leadership position or not, this presentation is for you. Leadership is communication addresses the three communication requirements for effective leadership. Communication is leadership focuses on using your voice to provide leadership regardless of your position. This presentation will educate and motivate your participants to take their leadership to the next level by delivering exceptional communication with their teams.
<b>WS-D1</b>	Wednesday, April 29th	8:00 AM – 9:00 AM	Dubuque (3 <sup>rd</sup> Floor)	NFPA 70E: Proposed Changes to the NFPA 70E - 2021 edition	Jason Wolf, CSP, CESP Safety Training Manager The ESCO Group	NFPA 70E Standard for Electrical Safety in Workplace is revised every three years. The revised standard will contain several changes which will affect how employers implement



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					3450 3 <sup>rd</sup> Street Marion, IA 52302 E-Mail: jasonwolf@theescogroup.com Phone: 319-538-7892	and manage electrical safety programs. This presentation will share proposed changes and provide insight on how and why changes were made. PowerPoint will be used to capture the presentation's main points, along with discussion, and other applicable references used. Approximately 10 minutes of time will be allowed for questions.
<b><u>WS-D2</u></b>	Wednesday, April 29th	8:00 AM – 9:00 AM	<b>Davenport (3<sup>rd</sup> Floor)</b>	Workplace Exposure Sampling: Tips of the Trade for Accurate Hazard Assessment	Cindy Baldwin, CIH, FAIHA Senior Industrial Hygienist Terracon Consultants, Inc. 2640 12 <sup>th</sup> St SW Cedar Rapids, IA 52404 E-Mail: cindy.baldwin@terracon.com Phone: (319) 221-7343	An introduction to industrial hygiene and workplace exposure evaluations. We will discuss when exposure assessments may be needed, occupational exposure limits, types of air contaminants, and measurement methods. We will also talk about what you can do and when you should seek assistance from an industrial hygienist.
<b><u>WS-D3</u></b>	Wednesday, April 29th	8:00 AM – 9:00 AM	<b>Council Bluffs (3<sup>rd</sup> Floor)</b>	Fire Safety Training with Hands-On Extinguisher Practice	Ian Smit Training & Compliance Instructor Cintas First Aid & Safety 1400 SE Gateway Drive, STE 109 Grimes, IA 50111 E-Mail: SmitI2@cintas.com Phone: 515-321-0104	Having your employees trained to properly use a fire extinguisher is important. In fact, giving you confidence to react quickly during an emergency is a big part of our passion for helping you protect your people and your business. Through hands-on training with fire simulations in a safe learning environment, our professional instructors will educate your staff on the basics of fire extinguisher locations, common fire hazards, proper procedures, safe evacuation routes, and more.
<b><u>WS-D4</u></b>	Wednesday, April 29th	8:00 AM – 9:00 AM	<b>Cedar Rapids (3<sup>rd</sup> Floor)</b>	Ergonomics 101	Laura Pickard Regional Safety Coordinator Cintas 1745 Reynolds Ave. Kansas City, MO E-Mail: pickardl@cintas.com Phone: 620-314-7844	Employee engagement in an ergonomics program is essential. This short presentation will help companies introduce ergonomics to their employees and start to focus on simple ergonomic problem solving.
<b><u>WS-D5</u></b>	Wednesday, April 29th	8:00 AM – 9:00 AM	<b>Salon A (2<sup>nd</sup> Floor)</b>	Employee Engagement: Myth or Magic	Gary Higbee Senior Safety Consultant SafeStart® 631 College St. E. Belleville, Ontario, Canada (Iowa Resident) E-Mail: gary@safestart.com Phone: 586-604-3765	Getting the employees engaged can be challenging. It is function of cultural change and changing culture can be difficult, but it doesn't have to be. Mr. Higbee will use real life stories and experience that will help make your journey a little easier and much more likely to be successful.





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<b><u>WS-D6</u></b>	Wednesday, April 29th	8:00 AM – 9:00 AM	Salon B (2 <sup>nd</sup> Floor)	<b>OSHA VPP Education Series:</b> SGE Forum/Caucus Meeting (Target: Present and Interested SGE Candidates)	Matt Gaines OSHA VPP Region VII Program Manager	Learn what it takes to become a VPP Special Government Employee (SGE) and participate on OSHA VPP onsite evaluations. SGE qualifications, application, and training requirements and responsibilities will be reviewed. An OSHA VPP manager and experienced SGE's will share the benefits of this unique program.
<b><u>WS-D7</u></b>	Wednesday, April 29th	8:00 AM – 9:00 AM	Salon C (2 <sup>nd</sup> Floor)	<b>Health and Wellness Series:</b> Leading A Multi-Generational Workforce	Dr. David Bouda, FACP LEAP Training & Coaching Your Next Level of Greatness info@yourleapteam.com 402-415-4246	Leading A Multi-Generational Workforce is focused on educating, motivating and training your audience on the communication challenges that exist between generations but, more importantly, the tools and skills needed to successfully navigate these interactions. Once we understand and break down the different communication, motivation and leadership styles of the generations, we are able to open up a whole new understanding of our engagements. Your audience will walk away from this presentation with a research-proven three-step process to maximizing communication between generations that they can implement today.
<b><u>WS-E1</u></b>	Wednesday, April 29th	9:45 AM – 10:45 AM	Iowa Ballroom (2 <sup>nd</sup> Floor)	<b>Large Group Session</b>  Mental Health and the Workplace” & “A Plan for Suicide Prevention	Susie DeRouchey MS LPC CRADC Country Crossroads Counseling LLC PO Box 114 Lone Jack, MO 64070 <a href="mailto:countrycrossroadscounseling@gmail.com">countrycrossroadscounseling@gmail.com</a> 816-308-0246	Although suicide can be a difficult subject, it needs to be talked about to help others who are struggling and the survivors it leaves behind. Susie has touched lives and helped educate thousands of people about suicide prevention through workshops and keynote addresses. While some suicides are sudden and unexpected, there are signs and questions that loved ones can ask to help those struggling with suicidal thoughts. In her talk, Susie outlines many of the red flags to look for and how to handle these situations when they arise. Susie has personally felt the effects of suicide and understands not only the challenges the individual may face, but the aftermath for the loved ones left.
<b><u>WS-F1</u></b>	Wednesday, April 29th	11:00 AM – 12:00 PM	Dubuque (3 <sup>rd</sup> Floor)	4 on the Floor: Shifting Culture with 4 Personality Drivers	Fredric Voelker, CHCM Senior Instructor Nebraska Safety Council 3270 Folkways BLVD Lincoln, Nebraska 68504 E-Mail: rvoelker@nesafetycouncil.org	Learn to recognize the basic personality drivers and develop tools to mold positive safety behavior. Attendees will gain practical knowledge that will help them identify the employee's personality drivers, nonverbal communication and body language to help the employee transition into a safe and productive member of the company's culture.



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					Phone: 402-483-2511	
<b><u>WS-F2</u></b>	Wednesday, April 29th	11:00 AM – 12:00 PM	<b>Davenport (3<sup>rd</sup> Floor)</b>	Welding is now a Carcinogen!	Dave Havick, CIH EMC Insurance Companies 717 Mulberry Street Des Moines, IA 50309 E-Mail: Dave.w.havick@emcins.com Phone: 515-345-2735	The IARC designated welding fume as a group 1 carcinogen in 2017. Approximately 1.2 million U.S. workers are regularly exposed to welding fumes. The American Industrial Hygiene Association devoted one issue to looking welding fume. While the specific mechanism from weld fume exposure to cancer cells is not yet fully understood, some evidence is appearing that indicates iron oxide could be a possible cause. There are currently no welding fume exposure limit and no easy path forward to evaluate exposures to welding fume. There are multiple methods of welding and each may have slightly different exposures. Given the variety of methods and the need to evaluate exposures to protect employees, what can be done in this area? Possibilities include using a method of adding exposures of the individual metals. Another is to arbitrarily establish a total welding fume limit for your facility. These and other possibilities will be discussed Lastly, the question arises on how to protect employees during this interim period when details are sparse. PPE will also be discussed.
<b><u>WS-F3</u></b>	Wednesday, April 29th	11:00 AM – 12:00 PM	<b>Council Bluffs (3<sup>rd</sup> Floor)</b>	<b>30 Minute “Two for One” Sessions</b>  1: OSHA’s updated Walking Working Surface standard  2: ANSI’s Dropped Objects/Tool Tethering	Jeff Springer Trainer/Consultant PMG 2780 Autumn Meadows Circle Fremont NE 68025 E-Mail: jeffs@pmgmidwest.com Phone: 402-881-2227	<b>30 Minute Session 1</b> OSHA updated and started enforcing 1910 Subpart D in January 2017. Many companies are confused by the standard and options for compliance. We will walk through the details and discuss solutions for all possible scenarios pertaining to roofs and ladders. You will walk away with an understanding of options for your employees and contractors.  <b>30 Minute Session 2</b> Dropped objects are the 3 <sup>rd</sup> leading cause of injuries on jobsites. We will discuss the ANSI standard, product categories and risks. Many larger jobsites and contractors are requiring all tools or any item that could fall while at height be secured. It can be a challenge to navigate the standard and equipment options so we will discuss in detail.
<b><u>WS-F4</u></b>	Wednesday, April 29th	11:00 AM – 12:00 PM	<b>Cedar Rapids (3<sup>rd</sup> Floor)</b>	Integration of Operations and Health, Safety and Environmental	Rob Hill VP of Safety NuStar Energy	This workshop will educate you on how to integrate your operational processes (i.e. production processes) with Health, Safety & Environmental (HSE) systems to achieve maximum effectiveness and results. Learn from a seasoned



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					Terry Schulte Corporate VPP Manager NuStar Energy	leader with expertise in operations, maintenance and HSE systems. This workshop will also describe how you can change the perceptions of HSE by operational personnel to achieve maximum employee engagement to drive HSE system effectiveness. If you are struggling on how to integrate your HSE systems into operational processes to achieve maximum results through employee engagement, this is a must attend workshop!
<b><u>WS-F5</u></b>	Wednesday, April 29th	11:00 AM – 12:00 PM	Salon A (2 <sup>nd</sup> Floor)	Rethinking Risk Assessment: Adding the 3 <sup>rd</sup> Dimension	Gary Higbee Senior Safety Consultant SafeStart® 631 College St. E. Belleville, Ontario, Canada (Iowa Resident) E-Mail: gary@safestart.com Phone: 586-604-3765	Risk assessment tools are common in the EH&S field, but do traditional approaches to this process include all factors? The initial focus on management systems is obviously proper and correct, but if this analysis is expanded to include human error, it can become much more robust and effective.
<b><u>WS-F6</u></b>	Wednesday, April 29th	11:00 AM – 12:00 PM	Salon B (2 <sup>nd</sup> Floor)	How Smart Workers Use Situational Awareness to Improve Safety	Dr. Richard B. Gasaway Fire Chief (ret.) Situational Awareness Matters 1769 Lexington Avenue North, Suite 177 Saint Paul, MN 55113-6522 E-Mail: rich@richgasaway.com Phone: 612-548-4424	Most workers know, intuitively, that strong situational awareness is an important aspect of safety. However, many do not understand what situational awareness is, how it is developed and how it can erode while working in high risk, high consequence environments. This program provides attendees with a solid understanding of situational awareness and explains a 3-step process for how it is developed. Specific examples of barriers that can erode awareness will be shared.
<b><u>WS-F7</u></b>	Wednesday, April 29th	11:00 AM – 12:00 PM	Salon C (2 <sup>nd</sup> Floor)	<b>Health and Wellness Series:</b> Maneuvering Through Change	Ryan W. Bouda, C-IQ LEAP Training & Coaching Your Next Level of Greatness info@yourleapteam.com 402-415-4246	Did you know that <i>change messes with your brain</i> ? Research tells us how it 'mucks up' our synapses and makes it feel crazy a lot of the time. This program will take you on a journey that reflects successful leadership through times of change. Communication and teamwork are giant factors to all who navigate through change. Life is full of impermanence and change. To understand the mechanics of making change, we need a clear understanding of how we support and promote change as leaders. Your coaches will provide a clear process to take home and take for some test drives.